

CHARACTERISTICS OF DIFFERENT TEMPERAMENTS

You will be using a "Personality Strengths Survey" to determine the unique blend of traits that describe you.

Adapted from "Homes of Honor", by Gary Smalley and John Trent, Ph.D., Homes of Honor Publications, Branson, Mo.

Each person is a blend of the four types. There is no "right" or "wrong" answers.

PERSONALITY STRENGTHS SURVEY

Go through all four lists and circle each word or phrase that seems to describe a consistent character trait of yours. There will likely be some in each list that apply to you. Be sure to circle responses based on who you actually are and how you act toward others right now- not on how you wish you were, or always wanted to be, or how you think others want you to be.

This exercise is only as good as your ability to honestly evaluate yourself. You may want to discuss your responses with someone in your family or a close friend.



LION *"Let's do it now"*

Takes Charge	Adventurous	Determined	Strong-willed
Competitive	Assertive	Firm	Enterprising
Enjoys Challenge	Resourceful	Positive	Productive
Outspoken	Bold	Purposeful	Decision Maker
Forceful	Leader	Goal-driven	Self-reliant
Confident	Independent	Decisive	Tenacious
Sure	Mover	Corrects Wrongs	

Number of items circled _____

OTTER *"Trust me, it will work out"*

Optimistic	Likes Variety	Fun-loving	Creative
Group Oriented	Mixes Easily	Enjoys Change	Avoids Details
Promoter	Very Verbal	Energetic	Motivator
Visionary	Takes Charge	Demonstrative	Spirited
Spontaneous	Playful	Animated	Convincing
Inspiring	Popular	Enthusiastic	
Volunteers	Curious	Lives in present	

Number of items circled _____

BEAVER *"How was it done in the past?"*

Deliberate	Persistent	Factual	Orderly
Practical	Predictable	Reserved	Controlled
Discerning	Detailed	Analytical	Inquisitive
Precise	Scheduled	Perfectionist	Faithful
Cultured	Planner	Respectful	Talented
Conscientious	Economical	Charts, graphs	Devoted
Serious	Thorough	Idealistic	

Number of items circled _____

GOLDEN RETRIEVER *"Let's keep things the way they are"*

Loyal	Even Keel	Avoids Conflict	Enjoys Routine
Dislikes Change	Adaptable	Sympathetic	Thoughtful
Nurturing	Patient	Tolerant	Good Listener
Non-demanding	Kind	Easygoing	Mediator
Calm	Compassionate	Inoffensive	Finds Easy Way
Consistent Life	Steady, competent	Keeps Emotions Hid	Obliging
Dry Humor	Shy	Satisfied	

Number of items circled _____

Now, take the numbers you have entered at the bottom of each box and enter them on the "Personality Strengths Chart" below. Place a dot on the "Lion" line with the number of items circled in the "Lion" box. Do the same for the Otter, Beaver, and Golden Retriever lines. Now, connect the lines.

	LION	OTTER	BEAVER	GOLDEN RETRIEVER
40				
30				
20				
10				
0				

LION WEAKNESSES

Hot Temper	Sarcastic	Destructive
Inconsiderate	Dictates	Intimidates
Impatient	Unemotional	Unsympathetic
Pushy	Resistant	Aggressive
Manipulative	Stubborn	Self-sufficient
Unaffectionate	Impulsive	Intolerant

"Steamroller"

OTTER WEAKNESSES

Undependable	Overconfident	Argumentative
Restless	Undisciplined	Loud
Rebellious	Show Off	Presumptuous
Fearful	Exaggerates	Egotistical
Permissive	Weak Willed	Forgetful
Opinionated	Never Grows Up	Compromises

"Easily Distracted"

BEAVER WEAKNESSES

Negative	Easily Offended	Moody
Depressive	Revengeful	Loner
Procrastinator	Insecure	Suspicious
Unreasonable	Skeptical	Self Centered
Impactical	Self-deprecating	Unsociable
Unforgiving	Indecisive	Fussy

"Pessimistic"

GOLDEN RETRIEVER WEAKNESSES

Unfriendly	Indecisive	Slow Starter
Narrow Minded	Reluctant	Self-protective
Hesitant	Timid	Stingy
Rigid	Uninvolved	Holds Grudges
Dull	Withdrawn	Indifferent
Unenthusiastic	Over-controls	Aimless

"Uninvolved"